

NOMADE
TEMPLE

SUEÑO FUTURO: RESIDENCE

KAYLA
COVENEY

JANUARY 12TH - 14TH

Kayla is a somatic water therapist trained in Wataflow, yoga, Ayurvedic practices, EFT, Thai massage, and sound work. Her sessions guide participants into meditative states that ease tension and offer renewed perspective through water-based practices.

SUEÑO FUTURO: RESIDENCE WORKSHOPS

KAYLA COVENEY

AGUA MÁGICA: WATER FOR RELEASING

JAN 12TH / 11:30 HRS / AT POOL

A guided water journey featuring a water blessing and intention setting, gentle breathwork, and Qi Gong.

AGUA MÁGICA: WATER FOR RESTING

JAN 13TH / 11:30 HRS / AT POOL

A gentle water-based journey featuring breath and meditation on water memory, mantra chanting, and partner water work.

AGUA MÁGICA: WATER FOR DREAMING

JAN 14TH / 11:30 HRS / AT THE SEA

A creative exploration of future desires, partner practices in the water, and a grounding Thai massage with sound healing.

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RESERVE